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**little mended hearts™**  
of Sacramento, CA

# 5K

# COURAGEOUS HEART RUN & FUN RUN

## Saturday, October 6, 2018

Johnson Springview Park - 5480 5th Street - Rocklin, CA 95677

Register at: [www.eventbrite.com](http://www.eventbrite.com)  
search "Courageous Heart Run"

**Adults:** \$30 until August 31  
\$40 September 1-30  
\$45 October 1-6 (no t-shirt)  
**Children (under 18):** \$20

*Paid participants receive a bib, tech t-shirt and medal  
Everyone welcome to the Health Expo.*

### MAKE A DIFFERENCE

*Raising funds and awareness in our community for  
children born with congenital heart disease (CHD)  
Benefits will go towards CHD children, their families,  
events, bravery bags, and research.*

REGISTRATION: 8:30 AM  
FAMILY ACTIVITIES: 9:00 AM  
FUN RUN & 5K\*: 10:00 AM  
\* this is not a timed race

## EVERY 15 MINUTES A CHILD IS BORN WITH CHD

For more information, contact Gina Salcido (209) 675-6937 or Ka Chue (530) 219-8899  
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