

Hoops and Flag Football Spring 2018 at Antelope Creek

<u>After School Hoops</u> A Tuesday after school basketball program for aspiring young players. The one hour instructional sessions combine fundamental skills instruction and organized team competition with the goal of providing an enjoyable and educational after school athletic event.



Day: Tuesdays

Date: 2/27 – 5/22 (12 weeks) Cost: \$125 for 12-week class

Time: 3 – 4 PM

Location: Outdoor Basketball Courts

Note: On Minimum school days class will

be 1 – 2 pm.

If rained out, classes will be made up at a

future date.

Flag Football Does your child love football, or is interested in learning more about it in a fun and safe environment without all the contact? Join our coaches as they teach the fundamentals of passing, catching, offensive and defensive strategy, teamwork skills, and sportsmanship.



Day: Thursdays

Date: 3/1 – 5/24 (12 weeks) Cost: \$125 for 12-week class

Time: 3 – 4 PM

Location: Sports Field

Note: On Minimum school days class will

be 1 – 2 pm.

If rained out, classes will be made up at a

future date.

Hoops	(please circle your class)	Flag Football
Name	Birth date//	Grade Teacher
Address	City	State Zip
Mother/guardian name	phone(w)	phone(h)
Father/guardian name	phone(w)	phone(h)
Email		
Payment enclosed: \$	Make checks payable to One on One Basketball	

If you have any questions please contact Darrell Hirashima at darrellh@1on1basketball.com or (510) 772-8132. Please register online at http://sacramento.1on1basketball.com/programs-listing/after-school to pay by credit card, or send checks and registration form to: P.O. Box 2486 Danville, CA 94526.

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