

ONE ON ONE

After School Hoops Class Winter 2018 Antelope Creek

After School Hoops® is a weekday afternoon basketball program for aspiring young players. The one hour instructional sessions combine fundamental skills instruction with organized team competition with the goal of providing an enjoyable and educational after school athletic event. Developing players benefit by improving their individual skills such as passing, dribbling, shooting, rebounding, and defending while, at the same time, learning how to work within the framework of a team. Boys and girls of all skill levels are encouraged to join. One of the many merits of After School Hoops® is that it provides school children with an organized after school event at which they can learn, socialize, and most of all, have fun. Parents and teachers often express concern that idle and unsupervised after school hours provide too many negative temptations for their children. Using athletics as the vehicle, After School Hoops® provides children with an opportunity to improve their overall physical fitness, develop sportsmanship and athletic integrity, and gain an understanding of the game of basketball.

In January 2018 we are offering an exclusive five week introductory session at a reduced cost for parents. So whether your child is a first time beginner or been playing for years, now is a great time to sign up for this great new program at Antelope Creek.



Day: Wednesdays

Date: 1/17 – 2/14 (5 weeks)

Cost: \$50 for 5-week class

Time: 3 – 4 PM

Location: Outdoor Basketball Courts

Note: If rained out, classes will be made up at a future date.

Name _____ Birth date ___/___/___ Grade _____ Teacher _____
Address _____ City _____ State _____ Zip _____
Mother/guardian name _____ phone(w) _____ phone(h) _____
Father/guardian name _____ phone(w) _____ phone(h) _____
Email _____

Payment enclosed: \$ _____

Make checks payable to One on One Basketball

If you have any questions please contact Darrell Hirashima at darrellh@1on1basketball.com or (510) 772-8132. Please send the checks and registration form to: P.O. Box 2486 Danville, CA 94526. You can also register online at <http://sacramento.1on1basketball.com/programs-listing/after-school> and pay by credit card.

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